

2009 Forum Workshop Schedule

Friday Tracks

Volunteer Development Challenges & Current Issues (Dale Larson and Carey Roos)

Learn about current developments in Volunteer Development and how they can strengthen your program, in addition to an opportunity to discuss, process, and perhaps plan response to challenges you face in this arena.

Standing Room Only: Fun & Productive 4-H Meetings (Scott VanderWey)

Learn tips and tools to facilitate effective and engaging council meetings. Bring a current challenge you are facing, an idea you want to try, and/or examples of what is already working well. Be ready to explore scenarios to gain ideas to apply to your county.

Servant Leadership For 4-H (William Feitas)

Through experiential learning explore the elements and moments which shape leaders and the ways they think, act and lead. Learn how to enjoy Servant Leadership in your personal life and transmit it to your 4-H organization. We will explore its relationship and impact to power, values, emotional intelligence and happiness.

Is It A Blue Ribbon Exhibit? (Jean Swift and Davona Gwin)

Have you ever watched a foods judge in action and thought, "I'd like to do that!"? Are you a leader who wants to learn more about how to help your members prepare exhibits for the fair? Then this workshop is for you! Lots of hands-on practice – and tasting!

Talking When It's Tough (Natalie Kinion)

Based on the ideas presented in the book Crucial Conversations (by Patterson, Grenny, McMillan, and Switzler), this workshop will be an interactive application of several communication strategies when engaging in conversations when opinions vary, stakes are high, and emotions run strong. Come to this training to help you improve your life by improving your communication and leadership skills.

SET to Move Forward (Janet Edwards and Chuck Todd)

There are endless possibilities to increase science literacy through 4-H. Spend the day exploring not only new ideas for SET programs but also sample ways to instill more science in your ongoing club work. Workshop will include hands on activities such as bridge building, video production, animal science and much more!

Textile Track Times Two (Floy Ziegler and Susan Parr)

First you will learn why some fabrics are better suited for different uses. Explore such aspects as draping qualities, heat sensitivity, water wicking, flammability, and ability to withstand abrasion. The second part is Happy Fleece. Learn ways to work with fleece that will dress up the simplest fleece project. BRING A SEWING MACHINE & NOTIONS.

Horse Training 101 (Jennifer Leach)

Participants will learn and see the difference that natural horsemanship and youth development does to increase the self confidence and calmness in both the horse and rider that will result in a more enjoyable experience for rider in whatever discipline they do ranging from western games to performance to dressage to pleasure trail riding.

Native American Weaving (Members of the Chehalis Tribe) Noon - 4:00PM

Participants will have the opportunity to learn the craft of weaving from artists that have many years of experience. Come and learn a new skill and create a useful piece of art for your home. There are three different options to weave: A beaded mat (\$5), a small basket (\$10) and a large basket (\$20).

Saturday Workshops

SESSION ONE – 9:00 AM to 10:30 AM

How to Plan A Dog Fun Match (Julie Gorveatt and Sarah Gunderson)

Learn how to organize, plan and run a dog show. Step by step planning. A great fund raising opportunity.

Teaching Healthy Horsekeeping (Pat Pehling)

An introduction to a program that was developed with Horses for Clean Water to teach environmentally friendly horsekeeping practices to 4-H youth (and parents). Workshop includes a workbook and samples of a merit badge program to encourage members to participate.

Athletics in the Sky (Audrey Bannon and Herb Cartmell)

The Skypilot Program provides a backyard activity promoting leadership skills using racing pigeons. Youth get exposure to scientific fields, genetics, animal health, physiology and discipline in a non-physical environment. Although the focus is on homing pigeons, other pigeons can be used.

Evaluating 4-H Kitchen Activities - Part 1 of 2 (Jean Swift and Davona Gwin)

Does your county need qualified judges for 4-H Kitchen Activities? Are you a leader who wants to learn more about the activities? In this workshop, we will discuss project requirements, go over the worksheet, and gain practical experience by evaluating 4-H members doing some of these activities.

Know Your Government Orientation - Part 1 of 2 (Jan Klein, with Melissa Beard and Rachel George)

KYG: The Legislative Process. Information about KYG, curriculum updates, new activities, all within the context of experiential learning- WOW! This workshop will introduce new county coordinators and update veteran coordinators to the KYG program and processes to make it the best year ever for the youth delegates.

Presentations With Pizazz (Cindy Iversen and Stephanie Somers)

Come learn how to give an outstanding presentation. We will cover how to organize and write your presentation, including "catchy" introductions, topics, and answering questions. You will learn how to make fun and unusual displays. We will also give you tips on how to be prepared on the big day.

Learn By Doing: Write On! - Part 1 of 2 (Susan Kerr and Scott VanderWey)

We SAY 4-H is "Learning by Doing," but is that really true? Come to this workshop for one-on-one coaching to create engaging educational activities for youth. Participants will gain the skills needed to develop activities that incorporate life skills, project skills and FUN. All project areas and ideas are welcome!

4-H: Effective Prevention Program (Jennifer Leach and Ramona Leber, CTED)

Packaging 4-H as an Effective Prevention Program - Review the research behind 4-H; Acknowledge 4-H as the premier prevention program it is; Learn about the 4-H Life Skills Evaluation; Learn to package 4-H to receive funding and resources from partners; and have a conversation with a state agency partner/funder.

4-H/Army Children and Youth Services (CYS) Babysitting (Darleen Munson)

An overview of the 4-H/Army Child & Youth Services Babysitting course. The goal is to have fun while teaching teens to be capable, caring, trustworthy and responsible sitters for military families, as well as families in the community.

SESSION TWO – 10:45 AM to 12:15 PM

Learning Dog Judging Skills (Pat Sechrist, with Chris and Gabriel Sechrist)

Learn from the state dog superintendent how to teach your members all about the dog judging skills

Horse Program Round Table (Pat Pehling, with Jennifer Leach and Mindy Wallace)

Come for a round table discussion with members of the Washington State 4-H Equine Committee including an update on upcoming publications and program changes, an opportunity to ask questions regarding all aspects of the Horse Program and contribute to plans for the future of the program. Volunteers, youth and parents are all welcome!

Our Evolving Cat Project (Gayle Taylor and Laurie Hampton)

All participants can share opinions/ problems with our new learning materials and help evaluate the new proposed judging forms. We have several different proposed judging sheets and we will decide which to recommend. If you could not attend the open cat project meetings this is your chance to be heard.

Evaluating 4-H Kitchen Activities - Part 2 of 2 (Jean Swift and Davona Gwin)

Continued from Session One.

Know Your Government Orientation - Part 2 of 2 (Jan Klein, with Melissa Beard and Rachel George)

Continued from Session One.

Verbal Graffiti: Hip Hop Poetica (Shanyanika McElroy)

This train-the-trainer workshop will preview a new 4H curriculum on the dynamic youth culture of hip hop poetry. It includes fun video/audio examples of performances, interactive activities, hands-on literary exercises and a mini open mic.

SET Adventures For 4-H Youth (Janet Edwards, with Carey Roos and Chuck Todd)

Build a bridge, experiment with chemical changes, explore food science see yourself as a scientist! This workshop will give a hands-on opportunity to sample resources to support the 4-H SET movement. Take home ideas and skills to share with 4-H members that will add a science, engineering or technology focus to your club program.

Learn By Doing: Write On! - Part 2 of 2 (Susan Kerr and Scott VanderWey)

Continued from Session One.

In The Beginning (Dianne Heath and Floy Ziegler)

This workshop provides hands-on experience with tools crucial to creating a more organized, meaningful 4-H year. Come learn ways to help you, the club and the members plan and implement activities and goals with less stress and more fun. Includes paperwork organization tips, parental involvement and much more.

Adults: How To Braid Dog Leashes (Tia Smith)

A train the trainer session for adults to learn how to make braided show leashes to teach to their 4-H members.

SESSION THREE – 1:30 PM to 3:00 PM

Teaching Dog Showmanship Part 1 of 2 (Jo Simpson and Dawn Gregory)

An interactive/hands-on workshop, learn progressive step-by-step methods from Very Beginner to Very Advanced levels in Dog Showmanship and the "why" behind each skill. You can learn by doing or observing.

Birdwatching For 4-H Youth (Pam Watson, with Sheila Gray and Karen Von Seggern)

Join us for ideas that your club, after school program or day camp can readily use in delivering "Celebrate Urban Birds," a local birdwatching program that promotes the national SET goal as a self-determined science project.

Fair Livestock Biosecurity (Mark Heitstuman and Jerry Newman)

The outbreak of Malignant Catarrhal Fever following the Puyallup Fair was a vivid reminder that livestock projects can be exposed to potentially live threatening diseases while at the fair. This interactive workshop will discuss ways that we can minimize the risk to both animals and humans. Is your fair prepared?

Penny For Your Thoughts – Leadership Networking (Dianne Russo)

Come join this active, hands-on workshop and learn how to weave a penny purse (treasure bag, amulet pouch, etc.) and take home great ideas to enhance your Leader's Council and/or 4-H clubs. We will be weaving and working through a suggestion circle activity to process situations from back home. Bring your club and council challenges to discuss with your colleges and take home a penny purse for your thoughts as well as new ideas to enhance your program.

Publicizing Your 4-H Story (Craig Brown)

Participants will gain an understanding of today's changing media environment and how to attract the attention of editors, reporters and photographers. Hone skills for story pitches and practice writing effective news releases. Instructor is a 4-H parent and longtime metro editor at The Columbian in Vancouver.

Why Report Your Volunteer Hours? (Carey Roos)

The Volunteer Hours Reporting System is a new database for recording the hours to Washington State Department of Labor & Industries, requiring WSU to ensure volunteers are indeed working on behalf of the University. Reporting your volunteer hours ensures your coverage for any potential injuries you might sustain as well showcase Volunteer Efforts.

Effective County 4-H Councils (Kevin Wright)

Do the same people show up for your County council meetings? Do you repeat the same discussions month after month? This interactive workshop will help you revitalize your Council, learn the role of the Council, and how to run effective meetings to better the 4-H experience for youth and volunteers.

TAG...You're It! Inspire Teens (Kelly Fisk)

"T.A.G...You're It!" (Teen Action Group) is an interactive, engaging experience for teens, and leaders, looking to discover a positive way to connect to their community through leadership, communication and service-learning opportunities. Come discover the successes of Kitsap County's 4-H TAG program and how to apply or adapt it.

Creative Table Settings (Jean Swift, with Davona Gwin and Nancy Mordhorst)

Learn some creative table setting ideas. Discuss the table setting activity. Have fun folding napkins in unusual ways and crafting your own napkin rings. (Fee: \$1.00)

SESSION FOUR – 3:15 PM to 4:45 PM

Teaching Dog Showmanship Part 2 of 2 (Jo Simpson and Dawn Gregory)

Continued from Session three.

Help Your Club Members Become "Net-Smart" (Joy Faerber)

This workshop is geared to give 4-H volunteers the tools needed to increase the self-confidence and prevent victimization of 4-H members on the internet. Through the hands-on, web-based "NetSmartz" training program, participants will hear the importance of teaching internet safety; become familiar with the NetSmartz characters, web site and resources; and learn how to incorporate the on- and offline activities into group settings.

Building Strategic Partnerships (Linda J. Williams and Horizon Volunteers)

Building effective partnerships takes time, skill and practice – but if successful, the results can be much greater than if one is working alone. Participants will identify different types of community partners, learn how to minimize risk, become familiar with how to organize effective partnerships, identify partner strengths, and how to create a team that is a win-win for all partners.

Beyond The Show Ring...Showing Your Leadership (Jerry Newman and Mark Heitstuman)

Explore new 4-H educational opportunities that are at your finger tips in your home. These educational programs will allow you to experience an Online Extension Veterinarian module. You will learn programs in meats, record keeping, and life skills and other topics that you can access and use with leaders, parents and youth.

Why I Stayed In 4-H (Jan Klein, with Lindsey LaShaw and Rayla Carlson)

Washington State 4-H loses 50% of its club enrollment between grades 8 and 9. Why does this happen? How can we recruit and retain these teens so they can continue to receive the positive benefits from 4-H? A panel of teens, who chose to stay in 4-H during their high school years, may provide some answers. Learn what kept them interested and involved.

Operation Military Kids 4-H (Carey Roos and Darleen Munson)

Community Service is the heart of 4-H, and the Operation Military Kids Program is an opportunity to provide service to our Military Families who are serving our Country. Learn about the Deployed Service family, and what your County and 4-H Club can do to help this program.

Entrepreneurs Have Big Ideas (Debra Kollock)

This course introduces young people to the world of Entrepreneurship. Youth discover what it is, who has done it, how famous products got started, and how to find and make business opportunities. These projects can be developed for club fundraisers! Learn about a statewide high school business plan competition.

Recruiting Latino Volunteers (Sonia Morales)

Latinos do not perceive themselves as the volunteers they are. Latinos willingly volunteer to help family, friends and community members. Family is seen as the most important social unit and its structure extends far beyond the nuclear family. Various family members are expected to help and assist each other.

Goat For Broke! Board Game (Susan Kerr)

Goat leaders-- need an enjoyable and unique activity for your goat group? Check out "Goat for Broke!" a new educational and assessment tool for all goat project youth. Experience the fun that comes from playing a board game to share what you know and expand your goat knowledge base.