

State 4-H Foods & Nutrition Team Annual Report—2005-06

Chair: Jan Hiller, Extension 4-H Youth Development Specialist

Team Members: Lenora Bringman, Zena Edwards, Lizann Hammond, Roberta Harrison, Jean Swift, Karen Barale, Karen-Killinger-Mann, Kristine Stokes

Situation:

Many counties do not have County Educators with food and nutrition responsibilities and until July 1, 2006, the Food Safety Education Specialist position was vacant. There is a great need for direction and resources for the 4-H leaders of food groups. The 2005-06 4-H year is the second year the State 4-H Foods & Nutrition Team has existed. The overall goals are to provide communication, programming and curriculum resources for the 4-H food and nutrition members and leaders.

Inputs:

1. Staff/volunteer time for seven 2 hour conference calls
2. Additional time working on projects—estimate of 15 hours/person (127.5 hours total)
3. \$300 from Pat BoyEs' operational fund

Outputs:

1. Listserve established (Jan)
2. Food Project website established (all)
3. Streamlined the 4-H Food Activities (Jean Swift & Jan Hiller led, FNTeam contributed)
4. Food Judging Materials (Zena Edwards)
5. Conducted workshops at 2006 State 4-H Forum
 - a. Judging contests and oral reasons—Katrina Walker
 - b. Revised Food Activities—Jean Swift and Jan Hiller
6. East 4-H Program Management Day: Children & Obesity—Lizann Hammond
Contacts – Adult Direct 220/Indirect 1050 Youth direct 450/Indirect 2435.

Outputs:

1. Minimal traffic on listserv. In September Sally Walter offered to serve as administrator.
2. Website established/limited comments on use. Zena Edwards volunteered to update.
3. 4-H Food Activities were streamlined by reviewing and re-designing to be available for use in the 2006-07 4-H Year.
4. Food Judging materials were used at the 2006 State 4-H Fair
5. Thirty-eight volunteer leaders received training on judging contests and oral reasons.
6. Program name “Children & Obesity” changed to “Healthy Weight”/State-wide committee formed.

