

State 4-H Foods & Nutrition Team Annual Report—2006-07

Chair: Jan Hiller, Extension 4-H Youth Development Specialist

Team Members: Lenora Bringman, Zena Edwards, Davona Gwin, Lizann Hammond, Roberta Harrison, Jean Swift, Karen Barale, Karen Killinger

Situation:

There is a great need for direction and resources for the 4-H leaders of food and nutrition groups. Many County Educators with food and nutrition responsibilities work in the Food \$ense program which restricts their work to low income audiences. July 1, 2006, a Food Safety Education Specialist was hired with 4-H leaders as one of her audiences. The 2006-07 4-H year is the third year the State 4-H Foods & Nutrition Team has existed. The overall goals are to provide communication, programming and curriculum resources for the 4-H food and nutrition leaders and members.

Inputs:

1. Staff/volunteer time for ten 2 hour conference calls
2. Additional time working on projects---estimate of 20 hours/person (180 hours total)
3. \$300 from Pat BoyEs' operational fund

Outputs:

1. Updated listserve (Karen B. and Zena)
2. Enhanced Food Project website (Jan coordinate, all contribute)
3. Developed guidelines for web postings (Karen B & Zena)
4. EM47733E 4-H Food Activity Guidelines (Revised by Jean, Jan & all)
5. New online only publications developed by Zena, reviewed by all:
6. WA Beef Commission provided funding for awards in the Food Safety Public Presentation Contest
7. Judges Training on baked goods and food preservation conducted for the NW District (Jean)—9 individuals participated
8. Develop PPt Presentation on Preserved Foods and Baked Foods
9. to be used in judges training (Karen B.)
10. Proposal submitted to conduct Media Smart Training at State Forum (Zena)
11. Conducted workshops at 2007 State 4-H Forum
 - a. Food as a Fundraiser
 - b. 4-H Foods: Food Safety Update (Karen K.)
 - c. Building a Better Judging Contest: Basics and Beyond (Katrina Walker)

Outcomes:

1. Fifty-seven leaders have signed up for the listserve.
2. New publications developed (Zena, Jean and Jan, reviewed by all
 - a. C1097E 4-H Food Activity Scoresheet Evaluation Criteria
 - b. C1098E 4-H Food Activity Scoresheet

- c. C1099E 4-H Food Activity Worksheet
- d. EM4733E 4-H Food Activity Guidelines
3. 4-H Food Safety Display Get a Jump on Germs” at WSU Alumni Relations/WSU Foundation Friend-raising event at Benaroya Hall, Seattle, Sept. 6 (Jan & Jerry Newman)
4. Continuous Updating of the 4-H Food Project Website

Future Plans:

- 4hfoodleaders listserve:
 1. Review who has signed up
 2. Promote how to sign up
 3. Review criteria for posting
 4. Survey members on info they would like to receive via this format
 5. Determine facilitator(s)

- Food Project Website:
 1. Review website (content & design)
 2. Review criteria for posting
 3. Determine information to be included

- Address Food & Nutrition Issues presented at State Council Meeting

- Review Scorecards:

Determine if new ones need to be developed and design those

- Training:
 1. Develop MyPyramid training plan using an electronic format
 2. Develop training for the new Food Activities. Recruit trainers.
 3. Develop guidelines for the Table Setting Activity. Develop and promote the Food Safety Presentation Contest (Karen K.)

- Extension Health Promotion Team, the Food Safety Team, and Media-Smart

Clarify the activities of these teams and our connection with them

- State Food Judging Materials
 1. Develop & deliver to State 4-H Fair
 2. Post on the Cloversite for county use

- State 4-H Forum

Recruit individuals/teams to submit proposals