

Your Health Box should have:



<u>Item</u>	<u>Quantity/Page</u>
3-Ring Binder Containing:	
• Health Lesson Plans_____	pages 1-12
• 4-H Health Curriculum Box Evaluation (Adult)_____	page 13
• Health Curriculum Evaluation (Youth)_____	page 14
• Certificate of Achievement Master_____	page 15
• <i>Discovering Myself</i> _____	1 Booklet
• <i>Fun with Friends</i> _____	1 Booklet
• <i>You're the Chef</i> _____	1 Booklet
Play-dough_____	2
Masking tape_____	1
Toy cars_____	3
Markers_____	5
Stop watch_____	1
Goggles_____	2
18" ruler_____	1
Balls with bells_____	3
Lego man_____	1
Lego sets_____	2
Each set should have (this is a little different than what is listed in the book):	
Eight holed:	1 red, 2 white, 2 black
Four holed:	5 blue, 4 yellow, 4 green
Two holed:	5 red, 3 blue, 4 yellow
Scissors_____	3
Glue sticks_____	3
Paper clips_____	1 box
Rubber bands_____	1 box
String_____	1
Paper cups_____	10
Instructor's Journal of Ideas that Worked_____	1

